



SPANDAN

GUEST EDITORIAL

Dr A. Subba Rao, Member, SSS

The quintessential sacred triad of simplicity, service and sacrifice as depicted in the logo of Sahaj Seva Samsthan is the bedrock on which the futuristic foundations of all activities are contemplated, envisioned and are being attempted and executed with devotion and enthusiasm in its institutions. The ongoing prescriptions and dedicated actions and concerted sincere efforts in Satkama for constructive development draw inspiration from profound teachings and concepts on education and cognitive psychology from the core writings of the Master, Sri Ramchandraji of Shahjahanpur. The potent inputs and attempts at proper regulation of mind and senses with an eventual cognitive emancipation and regeneration in outlooks that correspond to a matured human being is a formidable task that has been undertaken and worked out through the training modules cum programs which are inexorably intertwined to assist the evolving consciousness of the students in realizing the cherished objective of hormic development with discernible self confidence, palpable self reliance and natural expression of love, integrity and human dignity over a period of time. In the reality of the contemporary world with all its legitimate concerns, stress and conflicts at individual and societal levels; the new era with the support of PAM is a great hope (for the needy) and participation of all right thinking and feeling men have an onerous responsibility towards each other and world at large in its accomplishment. We, the divine lighted beings are duty bound to serve along with a host of functionaries, volunteers and staff in Satkama. All are imbued with a steady flow of divine effulgence and have courage, grit, and confidence to translate the thoughts into vibrant actions. The performance(s) appraisal(s) as seen from results at examination(s) is a source of satisfaction and comfort for all. The NEP of GOI is student-centric with various inherent advantages and possibilities in scholastics and academics. The enabling curricula and a strong moral fabric is the dire need of the hour to help the students settle in life with comfort ease and fruitfulness in a wholesome way.

Student Editorial

S. Karthikeya and U. RupaTanmaye, Class X

Israel and Palestine Conflict

Britain took control of the area known as Palestine after the ruler of that part of the Middle East, the Ottoman Empire was defeated in World War I. The land was inhabited by a Jewish minority and an Arab minority. Between the 1920s and 1940, the number of Jews arriving there grew. Violence between Jews and Arabs against British rule grew. Britain, unable to find a practical solution, referred the problem to the United Nations, which in November 1947 voted to partition Palestine. After looking at alternatives, the UN proposed partitioning Palestine into two independent States, one Palestinian Arab and the other Jewish, with Jerusalem internationalised. Jewish leaders declared the nation as the State of Israel. Israel claims the whole of Jerusalem as its capital whereas Palestinians claim East Jerusalem as the capital of a future Palestinian state. The land was inhabited with violence and the peace process in the 1990s helped only a bit. In early October 2023, war broke out between Israel and Hamas, the militant Islamist group that has controlled Gaza since 2006. Hamas fighters fired rockets into Israel and stormed Southern Israeli cities and towns across the border of the Gaza Strip, killing and injuring hundreds of soldiers and civilians and taking dozens of civilians as hostages. The Israeli cabinet formally declared war against Hamas. While conflicts are typically fought between nations, it is important to recognize the profound impact on civilians. As we know, Pujya Babuji Maharaj wrote a letter to the UN suggesting a 9 PM prayer, making the best effort to stop the war. Meditation produces a spiritual energy that helps control one's emotions and prevents wars. During meditation, every person attains a stage of peace where they can choose between right and wrong. We, as human beings, should help each other to create a peaceful world. We should participate in the 9 PM prayer, also known as the 'Universal prayer,' thinking of everyone in the world as our brethren, spreading spiritual energy all over the world, and stopping thoughts of war. As said by our Pujya Sri Ramchandraji Maharaj, 'No doubt the world will be a paradise, but for that, we have to work hard.' The future of our world rests in our hands, and it falls upon every individual to work diligently towards the pursuit of peace.

We thank everyone for the contributions to our newsletter. We always welcome your feedback and suggestions to improve our newsletter. Please feel free to write to spandan@sahajsevasamsthan.org